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Blood and Transplant

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<http://www.blood.co.uk> [NHS Blood - Give Blood](#)

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Oops, something did not work out

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Health, Eligibility & Travel

To find out whether any health conditions, medications, professions or travelling to certain countries could affect your ability to give blood, then please choose Health / Eligibility or Travel and search below:

- [Health & Eligibility](#)
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Enter a Search Term

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Search for health or travel information

Search health Search travel

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Pregnancy

Please wait until it has been 6 full months from the birth of your baby.

If you had a blood transfusion (if the date of the transfusion was after 01 January 1980) during your pregnancy or birth sadly you cannot give blood.

If this was a surrogacy, donated eggs or embryos were required or there were any serious medical complications associated with the birth please call our Donor Helpline on 0300 123 23 23 , Monday to Friday, 9am to 5pm where we can transfer you to our Referral Team who can deal with more complex issues.

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Map view

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You can call us on: **0300 123 23 23**











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- [Platelet Donation](#)
- [British Bone Marrow Registry](#)
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- [Cord blood bank](#)
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