Coronavirus (COVID-19) vaccine

The coronavirus (COVID-19) vaccine is safe and effective. It gives you the best protection against coronavirus.

Who can get the COVID-19 vaccine

The NHS is currently offering the COVID-19 vaccine to people most at risk from coronavirus.

The vaccine is being offered in some hospitals and hundreds of local vaccination centres run by GPs.

It's being given to:

- some people aged 80 and over who already have a hospital appointment in the next few weeks
- people who live or work in care homes
- health care workers at high risk

The vaccine will be offered more widely, and at other locations, as soon as possible.

The order in which people will be offered the vaccine is based on advice from the Joint Committee on Vaccination and Immunisation (JCVI).

Advice if you're of childbearing age, pregnant or breastfeeding

You should wait to have the COVID-19 vaccine:

- if you're pregnant – you should wait until you've had your baby
- if you're breastfeeding – you should wait until you've stopped breastfeeding

If you have the vaccine, you should not get pregnant for at least 2 months after having the 2nd dose.

If you later find out you were pregnant when you had the COVID-19 vaccine, do not worry. The vaccine cannot give you or your baby COVID-19.

There's no evidence it's unsafe if you’re pregnant or breastfeeding. But more evidence is needed before you can be offered the vaccine.

Read the latest COVID-19 vaccine advice if you're pregnant, may get pregnant or are breastfeeding on GOV.UK (Link: https://www.gov.uk/government/publications/covid-19-vaccination-women-of-childbearing-age-currently-pregnant-planning-a-pregnancy-or-breastfeeding/covid-19-vaccination-a-guide-for-women-of-childbearing-age-pregnant-planning-a-pregnancy-or-breastfeeding)

How the COVID-19 vaccine is given

The COVID-19 vaccine is given as an injection into your upper arm.

It's given as 2 doses, at least 21 days apart.

How safe is the COVID-19 vaccine?

The COVID-19 vaccine approved for use in the UK was developed by Pfizer/BioNTech.

It has met strict standards of safety, quality and effectiveness set out by the independent Medicines and Healthcare products Regulatory Agency (MHRA).

Any coronavirus vaccine that is approved must go through all the clinical trials and
safety checks all other licensed medicines go through. The MHRA follows international
standards of safety.

Other vaccines are being developed. They will only be available on the NHS once they
have been thoroughly tested to make sure they are safe and effective.

So far, thousands of people have been given a COVID-19 vaccine and reports of serious
side effects, such as allergic reactions, have been very rare. No long-term complications
have been reported.

Read about the approved Pfizer/BioNTech vaccine for COVID-19 by MHRA on GOV.UK

**How effective is the COVID-19 vaccine?**

After having both doses of the COVID-19 vaccine most people will be protected against
coronavirus.

It takes a few weeks after getting the 2nd dose for it to work.

There is a small chance you might still get coronavirus even if you have the vaccine.

This means it is important to:

- continue to follow social distancing guidance (https://www.nhs.uk/conditions/coronavirus-covid-19/social-distancing/what-you-need-to-do/)
- if you can, wear something that covers your nose and mouth in places where it’s hard
to stay away from other people

Read more about why vaccines are safe and important (https://www.nhs.uk/conditions/vaccinations/why-vaccination-is-safe-and-important/),
including how they work and what they contain.

**COVID-19 vaccine side effects**

Most side effects of the COVID-19 vaccine are mild and should not last longer than a
week, such as:

- a sore arm where the needle went in
- feeling tired
- a headache
• feeling achy

You can take painkillers, such as paracetamol, if you need to.

If you have a high temperature you may have coronavirus or another infection.

If your symptoms get worse or you are worried, call 111.

**Allergic reactions**

Tell staff before you are vaccinated if you have ever had a serious allergic reaction (anaphylaxis).

You should not have the vaccine if you've ever had a serious allergic reaction to medicines, vaccines or food.

If you do have a reaction to the vaccine, it usually happens in minutes. Staff giving the vaccine are trained to deal with allergic reactions and treat them immediately.

Read the latest COVID-19 vaccine advice if you have a history of allergies by MHRA on GOV.UK (Link: https://www.gov.uk/government/news/confirmation-of-guidance-to-vaccination-centres-on-managing-allergic-reactions-following-covid-19-vaccination-with-the-pfizer-biontech-vaccine)

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You can report any suspected side effect using the Yellow Card safety scheme.

Visit Yellow Card for further information (Link: https://coronavirus-yellowcard.mhra.gov.uk/)

**COVID-19 vaccine ingredients**

The COVID-19 vaccine does not contain any animal products or egg.

**More information**

• Sign up to be contacted for coronavirus vaccine research (Link: www.nhs.uk/conditions/coronavirus-covid-19/research/coronavirus-vaccine-research/)


• GOV.UK: why you have to wait for your COVID-19 vaccine (Link: https://www.gov.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/coronavirus-vaccine/)